

## The sensory test

1. Sweets are handed out. Which sort do you choose?
  - a. I love lollipops. The sweet ones – they are the best.
  - b. That varies. I like a mixed bag of sweets containing all kinds of tastes.
  - c. Give me the really sour ones – so sour it'll make my face look funny.
2. It's your birthday in a few weeks. What will happen that day?
  - a. Mum and Dad sometimes ask my opinion. But they know what I like – they'll surprise me. It's sure to be a beautiful day!
  - b. I want to invite all my friends. It will be a lovely day, and maybe I will get nice presents. I'm already having a bit of fun.
  - c. I already know exactly what I want. And I've made sure Mum and Dad already know what I want most. I'm excited!
3. A day out is planned. What are you in the mood for?
  - a. Go to the woods, and go for a nice walk.
  - b. Go to an amusement park. With roller coasters, because I 'collect' roller coasters.
  - c. Go to the pool – enjoy a swim, lie down, read, go down the slide.
4. You can choose where to eat out. Where do you want to go?
  - a. To a pancake restaurant. And then I'll have one with chocolate and strawberries but served separately. So I can decide for myself how much I put on. Yum!
  - b. There is a restaurant I heard about; I believe it is Spanish. They have nice things there! Rice with many different types of fish, and chicken and tasty herbs. I like quite a lot of things; I'm flexible really.
  - c. Last time we went to a Chinese restaurant; now I want to go to a Mexican restaurant. I love trying everything! The more off the beaten track the better.
5. What do you like to do in the evening?
  - a. The day can't be long enough for me; I always have plans and things I want to do. Which is something different every night.
  - b. That's when I want to chill out for a bit. I'd rather not make dates – I prefer to do my own thing: reading, doing crafts, watching TV. Chill time is what I need.
  - c. It varies – sometimes I play a boardgame with someone, or I play the piano. And I always exercise on Tuesday evenings. Other than that, it depends on what I'm in the mood for.
6. You are at a campsite, and it is time to take a shower. How do you go about that?
  - a. I get a shower token and take a shower. Towel, soap and clean underwear, and go.

- b. I would rather wash myself with a washcloth by the tap in the campervan. I don't like unfamiliar showers. I probably can't hang up my clothes properly either; they'll get wet... and the floor might be dirty...
  - c. I just walk over to the building and I take a shower. Oh, someone calls after me. Apparently I forgot my towel. Once I'm done taking a shower, I realize that I don't have any clean underpants with me either. Well, I'll just put on my sweatpants without underwear, no worries.
7. Your town is celebrating today, and there will be a fair. What does your day look like?
  - a. My parents call me for the third time: 'Are you coming?' Oh yes, I forgot, it's a special day today. All kinds of people selling arts, crafts and food, nice!
  - b. I call out to my mum: 'Are you coming?!' I want to go early so it's not too busy. I'll put all my great purchases in my new bag. I know exactly where to find the best things.
  - c. I'm sure I'll see friends at the fair. They usually know the best places. I'm very curious about where we'll go. In between, I may look and see if there is anything interesting for sale.
8. You're going to your friend's birthday party. How do you go about getting a gift?
  - a. I ask around to see if anyone has any ideas yet. Maybe we can do something together. And then we'll agree on who will buy it.
  - b. Luckily, mum always remembers. I often forget and then I realize just before the party that I still have to buy a present.
  - c. I have all kinds of ideas. I've already asked friends to join in and I'm going to buy the gift.
9. What is important to you about the clothes you wear?
  - a. I like to ask someone else if they think something looks nice. Sometimes I'm very picky about what I'm wearing, but other times I'm not. It depends a bit on my mood. Sometimes it matters, sometimes it doesn't.
  - b. I pay a lot of attention to this. It must match. I make sure that the colours are right, and I like to wear something different and striking.
  - c. I must be comfortable. Sometimes I wear clothes that don't feel comfortable, but then I make sure I wear a comfortable shirt under my nice jacket so that the rough fabric doesn't rub against my skin. And if I wear new shoes to a party, I put protective plasters on my heels.
10. Which of these professions suits you best?
  - a. Acrobat – lots of moving around and doing exciting things.
  - b. Running my own shop – a bit of variety in the tasks.
  - c. Writer – being my own boss, working alone and not being bothered by others.