Answers to activities

1.1 Five senses plus three

1. Vision, 2. Touch, 3. Hearing, 4. Taste, 5. Smell.

2.1 Touch input

To feel, soft, dry, woolly, ridges, grainy, prickly, cold, smooth, rough, dent, wet, hard.

For the input exercises, don't worry if you didn't see all of the words, or picked extra words that could also be associated with each sense. These exercises are about realizing there are different kinds of input and they are registered by different senses.

3.1 Sound input

To hear, sound, whisper, noise, volume, echo, loud, high pitched, listen, silence, shrill, shout, thunder, rhythmic.

4.1 Movement input

To do, swaying back and forth, walk, wave, jump, wiggle, clumsy, falter, rolling, coordination, joints, lying down, muscles, jerky, supple, sit, slow motion.

5.1 Visual input

To see, light, view, glittering, bright, far away, close by, double, blurred, pale, dark, bling.

6.1 Balance input

To balance, slowing down, faster, stable, start, fall, stopping.

7.1 Taste input

To taste, hot, sour, spoiled food, bitter, spicy, umami, salt, sweet.

8.1 Smell input

To smell, odour, rotten, sweet scent, aroma.

9.1 Interoceptive input

Interoception, inner feelings, hungry, thirsty, afraid, in love, nervous, jittery, glad, angry.

14.3 What does the animal say?

1. Monkey, 2. Dog, 3. Cat, 4. Bear, 5. Rabbit.