

## Your Sensory Fan (with your own content)

Name:

Date:

Everyone uses their own words, gestures, or sounds to express how they feel. This is also the case when using the Sensory Fan-model. To be able to make a connection with someone, it's nice to use terms regarding their sensory processing that suit the person: their under- and/or overresponsive, their 'shutdown' and certainly also the terms that indicate that they feel good.

This is why we made an example of the fan and are inviting you to fill out your own fan.



*Sensory Fan-model Van der Gaag & Thoonsen, 2021*

Because within the care landscape for people with trauma, with intellectual disabilities, ADHD or with autism, with Non-Congenital Brain Injury, with psychological problems or with people that are gifted, very different terms may be used. Which terms suit you and/or your client? Write them in the model on the next page.

We challenge you: fill out the fan and send it to us -without a name or other identifiable facts- via [monique@dutchsensorysolutions.com](mailto:monique@dutchsensorysolutions.com). Who knows, we may post your version online to inspire others.

Name: \_\_\_\_\_



Sensory Fan-model; Van der Gaag & Thoonsen, 2021